

APPES News

Asia Pacific Paediatric Endocrine Society

June 2000

Volume 1, Issue 1

APPES Inaugural Meeting, Kuala Lumpur, July 1st—3rd 1999

What an amazing first meeting - a mixture of great science from our plenary and symposia speakers and a fun social program.

There was a total attendance of 346 individuals from 20 countries, 315 from the Asia Pacific regions. The Shangri-La Hotel was an excellent facility and allowed for healthy interaction between participants, speakers and the industry exhibition.

The meeting was strongly supported by Novo Nordisk, Eli Lilly, Serono, Pharmacia & Upjohn and Novartis -

a warm thanks to all these companies for their generosity and willingness to contribute in so many ways to make the first meeting such a success.

Special thanks to Professor Loo Ling Wu and other members of the local organising committee, the Malaysian Endocrine Metabolic Society, for their wonderful organisation before and during the meeting and for the convivial atmosphere that they created. It will be a difficult act to follow!

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Official Welcoming Party

Important Events:

- APPES Announces First Corporate Sponsorship with Serono.
- APPES Visiting Scholarship Applications for 2001. Closing date September 30th 2000
- Paediatric Endocrinology Course, Shanghai, April 2001
- Scientific Meeting, Chennai, India 14-16 February 2002
- APPES on the web, mid-July 2000 (www.appes.org)

A Message from your President

It is nearly nine months since I met with you all at the Inaugural Scientific Meeting in Kuala Lumpur in July 1999. I would like to take this opportunity to thank you all again for the honour that you bestowed on me by electing me the President of our Society. I will look forward to your continued support and guidance. The Executive Committee will be meeting soon to formulate the strategy for the coming two years in order to fulfill the objectives set out in the constitution of our Society. Promotion of education and information sharing about paediatric endocrinology and diabetes remain high on the priority list of the APPEs Council. I had the opportunity to meet with members in regional meetings and courses in Japan, Taipei and Hong Kong and I met with more of our members in the Molecular Endocrinology Course in Hong Kong this May. The interest in the APPEs scholarship for this meeting was overwhelming with many applications from members from different countries in the region. As you can gather from the Newsletter, the Council is planning to run an APPEs Paediatric Endocrinology

Course in the first quarter of 2001 and preparation is already underway for the Biannual Scientific Meeting to be held in Chennai in February 2002. If you go through the list of members of APPEs, you would realize that we have world famous experts in different areas of paediatric endocrinology and diabetes. In this cyber age, I would strongly encourage members to make increased use of e-communication to discuss and seek advice on interesting and difficult cases and to discuss collaborative research. The Executive Committee and the Council of APPEs would welcome your ideas and input in the future programmes and direction of our Society. I look forward to your comments and suggestions and meeting with you all at some meetings in the region in the coming year and if not in Chennai.



**Professor Louis Low,
President APPEs**

Louis Low May 22nd 2000

APPEs Pharmacia Visiting Scholarships

At the Inaugural meeting, it was announced that Pharmacia would support two visiting scholarships per year worth US\$5000 each for the years 2000 to 2003 inclusive. The objective of the visiting scholarship is to enable members of APPEs the opportunity to spend a period of time out of their institution for further training and education. It was envisaged that the successful applicant would likely be away from their institution for a minimum of 4 weeks and thus it was not proposed that the scholarship would be used for individuals wishing to travel to a conference.

There were 7 applicants for the initial 2 scholarships. Council decided to award one scholarship to a senior applicant and one to a junior applicant. All 7 applicants had strong merit. The APPEs council is pleased to announce the inaugural winners of the APPEs Visiting Scholarships. Congratulations to Dr Fatima Harun, University of Malaysia, Kuala Lumpur, Malaysia and to Dr Danielle Escueta, Perpetual College Helpedical

College, Manila, Philippines. Dr Fatima Harun is currently working in the laboratory of Dr J Gertner in Los Angeles. She wishes to develop a collaboration with their laboratory for molecular evaluation of children with growth disorders. Dr Danielle Escueta will be joining the clinical training program at the University of Virginia for three months. We wish them all the best for their studies and look forward to hearing from them in a future newsletter.

APPEs is very fortunate in having the sponsorship of Pharmacia Corporation for the scholarships. Notice of application for the 2001 APPEs Pharmacia Visiting Scholarships for Full Members is indicated in this newsletter.

APPEs Serono Corporate Partnership

APPEs is delighted to announce our first corporate partnership. Serono will be sponsoring an information package for the years 2000-2002 inclusive. Their support will allow APPEs to produce a newsletter twice/year and a website, www.appes.org that will be launched in mid-July. The website will include; background information about APPEs, membership forms, future APPEs meetings, future related meetings, previous newsletters and a members only section that will include a membership list, educational resources and links to about 80 sites that maybe relevant to paediatric endocrinologists.



This is an exciting initiative and APPEs council is most grateful to Serono's generosity.

APPEs on the Web (www.appes.org)

APPEs is soon to have its own website. This will assist communication and provide members with additional benefits. The website will initially include details of upcoming APPEs meetings, other regional and international meetings, details of how to join APPEs and APPEs newsletters. A members only section will be accessible by password and will include an extensive list of Useful Links, contact details for members and an Education Materials section.



This latter section is planned to include lectures, review articles and other educational materials provided by APPEs members and from APPEs meetings. The website will be a significant additional benefits of being an APPEs member.

Please forward any suggestions or potential content to Geoff Ambler (geoffa@nch.edu.au).

APPEs Inaugural Council

At the first Annual General Meeting, members were elected to represent your society as the incoming inaugural council. Please feel free to approach these people at any time with ideas for the society. It is planned that council will meet by telephone hookup 3 times per year and the executive will additionally meet in between or as required.

As a new society, we need your input and look forward

to hearing from you. The challenges facing Paediatric Endocrinologists in our region are enormous and we hope that APPEs will be able to make a genuine contribution in the future years to the improved health of children with diabetes, growth and endocrine disorders.

Members of council and executive are listed on page 9 of this newsletter.

Continuing Education

APPEs council would like to continue the Fellows meeting at the time of our future scientific meetings. The Fellows meeting will be aimed at individuals who have almost completed or have recently completed their training in paediatric endocrinology. At the last telephone hook up, the APPEs council also considered the concept of running a course between our biannual meeting for individuals who may have had less training in paediatric endocrinology. A brief summary of the two different formats is shown below:

APPEs Fellows Meeting

Objectives

- To provide an interactive update in selected areas of Paediatric Endocrinology.
- To foster discussion of the principles of management of Paediatric Endocrine disorders.

Participants

- Paediatric Endocrinologists from the Asia Pacific Region who have recently completed their training or who have substantially completed their clinical training.

Format

- Predominantly interactive, case-based discussions illustrated with updates and notes.

When

- At time of bi-annual meeting.

APPEs Paediatric Endocrinology Course

Objectives

- To discuss the principles of Paediatric Endocrinology.
- To foster interaction between participants and faculty.

Participants

- Trainees in Paediatric Endocrinology from within the country and/or the immediate region.

Format

- Mixture of didactic and interactive sessions.
- Case presentations.
- Endocrinology notes.

When

- 2nd yearly, alternating with the APPEs Fellows meeting.

The APPEs council would be interested to hear feedback about these two courses from our members. The next APPEs Fellows Meeting will be held in 2002 in association with the APPEs Scientific Meeting in Chennai, India. APPEs council is hoping to run the APPEs Paediatric Endocrinology Course in April 2001 in Shanghai, China. Further information will be available later this year on the APPEs website and in the next newsletter.

Novo Nordisk Helps APPEs Council Communicate

Novo Nordisk Australia has been generous in funding the large number of teleconferences needed by the APPEs council in the last 18 months, and also in providing financial assistance to allow a recent Strategic Planning meeting of the Executive council. While much communication is achieved by emails and faxes, teleconferences and occasional face-to-face meetings are also necessary to advance the planning of our activities and scientific meetings.

To date Novo Nordisk Australia has funded 19 international teleconferences of council members, many of these being for the planning of the highly successful inaugural Scientific Meeting and Fellows Course in Malaysia. The Executive Council recently had a Strategic Planning Meeting in Hong Kong for which travel costs were partly supported by Novo Nordisk Australia. We thank them for their continuing support of APPEs.

Membership Application

APPEs is a regional paediatric endocrine society and it is hoped that in future years, it will develop and play a role in our region similar to that played by other regional paediatric endocrine societies, including the European Society for Paediatric Endocrinology (ESPE), the Lawson Wilkins Paediatric Endocrine Society (LWPES) and the South American paediatric regional endocrine societies, which are already strong in many countries within their region.

In order for APPEs to become a vigorous society that contributes to the education and health of the region, we need to have a strong membership base involving health professionals from all countries who have an interest in paediatric endocrinology.

The APPEs council is keen to encourage membership applications and you will find a membership application form on the following page. The Associate membership is intended for those in training in paediatric endocrinology, those practitioners for whom the practice of paediatric endocrinology represents only a small proportion of their professional life and for allied health professionals. APPEs Council encourages upgrading to Full membership on completion of paediatric endocrinology training.

Membership benefits include:

- Education Scholarships – see details in this newsletter about 10 recipients to date
- Website – under development but will include notes from courses, future meetings, links to other paediatric endocrinology websites, and a membership database
- Opportunity to participate in future education courses
- Regular newsletter
- Reduced rate at future meetings

The Committee reserves the right at its sole discretion not to approve any application for membership without giving any reasons therefor.

Membership Categories

The Membership shall consist of:

- **Full Members**

A clinician with 3 years or more training in endocrine and metabolic disorders in children and adolescents or any professional with a doctorate degree who is working predominantly in this specialty for 3 years or more. A Full Member shall enjoy all privileges of full membership including voting rights and will be eligible for office of the Committee.

- **Associate Members**

Any professional who has interest in the field of paediatric and adolescent endocrinology and metabolism. Associate members shall enjoy all the privileges of full members except that they shall not have voting rights or be eligible for any office of the committee. Under exceptional circumstances, associate members who cannot fulfill the requirements for full membership of the Association may be upgraded to be full members upon the sole discretion of the Committee.

- **Honorary Members**

Eminent persons in the field of paediatric endocrinology and metabolic disorders may be invited by the Committee to be Honorary Members of the Association. Honorary Members shall enjoy all the privileges of full members except that they shall have no voting right nor be eligible for any office of the Committee.

Fee Structure

- a) The annual subscription fees for a calendar year for a full member shall for the time being be US\$50, and for an associate member be US\$25.
- b) The 3-year full membership will be available for US\$135.
- c) For details on Corporate membership please contact the Secretariat.

Membership Application Form

The following documents must be submitted with this application.

- 1) Original Application
- 2) 1 copy of CV. Please include the following:
 - (i) Postgraduate training
 - (ii) Specialty board certificates, including certificate numbers and dates
 - (iii) Membership in other societies
 - (iv) Brief bibliography
- 3) Nomination of Sponsor

Please Note. Members of the APPEs Executive will review applications. Please nominate a sponsor who may be contacted if further information is required to assess this application.

Mail the completed membership application form to the APPEs Secretariat.

PLEASE PRINT

Name: _____

Mailing address: _____

Telephone: _____ Fax: _____

E-mail address: _____

Current academic/clinical appointments

Sponsors name & address: _____

Membership Category and Membership Fee (please tick box)

Full Member 1 year (US\$50) Associate Member 1 year (US\$25) Honorary Member

Full Member 3 years (US\$135) Associate Member 3 years (US\$75)

NB. Australian members an extra 10% GST is applicable to membership fees after 30th June 2000.

APPEs ABN: 88 103 357 424

Payment Method:

Please do not send cash.

Cheques should be made payable to "APPEs" and drawn on an Australian Bank.

Cheque for \$ _____ attached.

If paying by credit card complete the details below (please PRINT clearly).

Credit card type (tick box) MasterCard Visa

Credit card number:

Cardholders name: _____ Expiry date: /

Cardholders signature: _____ Amount of payment \$ _____

Date: _____

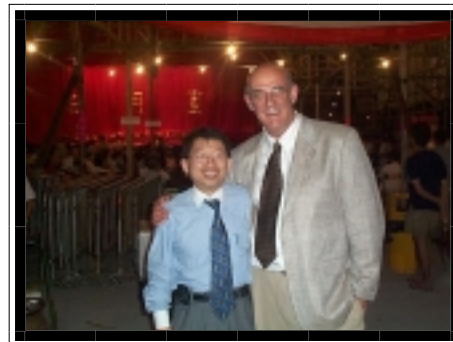
APPEs Meetings

- **The Molecular Laboratory Research Course for Clinical Endocrinologists, May 18th-21st, 2000**

This course was held at the Faculty of Medicine, The University of Hong Kong, Hong Kong. It consisted of lectures, practical workshops and demonstrations, meet the expert sessions and a one day symposium on the last day of course. There were 50 registrants, including 18 APPEs members.

Ferring Pharmaceuticals generously provided 8 scholarships for APPEs applicants to the sum of HK \$5,500 each. This amount covered the course fees and local accommodation. The APPEs scholarship recipients were; Dr Aman Pulungan (Indonesia), Dr Loo Ling Wu (Malaysia), Dr Yang-Mei Sang (China), Dr Maria Craig (Australia), Dr Yung-Seng Lee

(Singapore), Dr Somchit Jaruratanasirikul (Thailand), Dr Sioksoan_Chan-Cua (Phillipines), Dr Di-Jing Zhi (China).



Prof John Parks with the organiser of the Molecular Biology course in Hong Kong, Dr Pikto Cheung.

Future Meetings

- **Biannual Scientific Meeting**

The next Scientific Meeting will be held in Chennai (Madras), India, February 14-16 2002. Professor Palany Raghupathy from Vellore, India will be the local convenor. There will be a Fellow's meeting from February 11-13, which will be held just outside of Chennai. There were many participants from the Indian subcontinent at our inaugural meeting in Kuala Lumpur and thus it is anticipated that our next meeting will be even larger with an exciting scientific program as well as unique cultural experiences of India. Planning for the meeting will commence shortly. If you have any ideas about topics, speakers, different formats, please either pass on this information to the secretary or to a member of council.

- The European Society for Paediatric Endocrinology, Brussels, September 16th – 19th 2000. Contact the secretariat; espe2000@congrex.se
- Growth Hormone Research Society, Gothenburg, Sweden, September 7th – 10th, 2000
- The First International Congress of Endocrine Nursing, Sydney, Australia, October 30th - November 1st, 2000. Contact; binm@nch.edu.au

- Paediatric Endocrine Genes, Sydney, Australia, October 27th – 29th, 2000. See enclosed brochure. Contact; kimd@nch.edu.au
- 19th International Congress of Endocrinology, Sydney, Australia, October 30th – November 3rd. Contact ICMS; www.icmsaust.com.au/ice2000
- The International Society for Paediatric and Adolescent Diabetes, Los Angeles, USA, October 31st - November 3rd, contact; lfisher@chla.usc.edu
- International Diabetes Federation, Mexico City, Mexico, November 5th – 10th. Contact; www.idf2000.com
- Paediatric Endocrinology – a joint meeting of the European Society for Paediatric Endocrinology and the Lawson Wilkins Paediatric Endocrine Society in association with Japanese Paediatric Endocrine Society, Australasian Paediatric Endocrine Society and the Latin American Society for Paediatric Endocrinology, Montreal, Canada, July 4th – 7th, 2001. Contact; pedendo@ums1.ian.mcgill.ca

Travel scholarships will be available for APPEs members to assist with travel to the Paediatric Endocrinology meeting, to be held in Canada, July 2001. Details will be available in the next newsletter.

APPEs Fellows Meeting

The inaugural fellows meeting was held at the Awana Resort, Genting Highlands, Malaysia, June 28th to 30th, 1999. There were 34 Paediatric Endocrine trainees from across the Asia Pacific Region and 8 faculty members. The training program was quite demanding in that it was interactive and required the participants to be well prepared prior to the meeting. Participants and the faculty both enjoyed themselves and learned a lot of Paediatric Endocrinology. It was held in tropical highlands with breath taking scenery visible from the open air dining room. APPEs is most grateful to the generous support of Pharmacia & Upjohn who fully sponsored this meeting and also attended to the local organising matters with great precision.



Top row

1. Virgillo Bayan (Philippines) 2. Francis Glorieux (Canada) 3. Patrick Cheung (Hong Kong) 4. Geoff Ambler (Australia)
5. Chris Cowell (Australia) 6. John Parks (USA) 7. Yung Seng Lee (Singapore) 8. Craig Munns (Australia) 9. Wayne Cutfield (NZ) 10. Subhash Yadav (India) 11. Ghanshyam Agarwal (India) 12. Dau-Ming Niu (Taiwan) 13. Wei Ming Su (China)

Middle row

1. Doreen Gan (P&U, Malaysia) 2. Maria Craig (Australia) 3. Leslie Abraham (Philippines) 4. Pilar B Regidor (Philippines)
5. Yuen Yu Lam (Hong Kong) 6. Louisa Po Ki Yeung (HK) 7. Hong Chen (Hong Kong) 8. Aman Pulungan (Indonesia)
9. Louis Low (Hong Kong) 10. Prasun Deb (India) 11. Fabian Yap (Singapore) 12. Pathikan Dissaneevate (Th) 13. Chi Dung Yu (Vietnam) 14. Priscilla Campbell-Stokes (NZ) 15. Pikto Cheung (Hong Kong) 16. Kaichi Kida (Japan) 17. Rosko Ong (P&U, Malaysia)

Bottom Row

1. Connie Untario (Indonesia) 2. Yan mei Sang (China) 3. Neeta Naik (India) 4. Sangeeta Madhok (India) 5. Kevallee Unachak (Thailand) 6. Lakana Kanjanakul (Thailand) 7. Supachatr Chatr-rung (Thailand) 8. Shou Mei Wei (China) 9. Michelle Jack (Australia) 10. Huamei Ma (China) 11. Chuhong Hu (China) 12. Chunhua Zeng (China) 13. Fuziah Md Zain (Malaysia)

Future Fellows Meeting

The next APPEs Fellows Meeting will be held in February 2002 in association with the APPEs Scientific Meeting. The location for this meeting will be just outside of Chennai (Madras), India. For further details, see future editions of the newsletter or visit our website at www.appes.org.



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APPEs Inaugural Council Members

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Inaugural Meeting cont...

Asia Pacific Paediatric Endocrine Society

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Appes '99



Social highlights were many but recall of those wirey torsos (and not so wirey) chanting the Haka is permanently etched in the memory bank!



APPES 1999. Prof Bob Elliott, Dr Wayne Cutfield, Dr Paul Tomlinson, New Zealand